## How the Seasons Might Look -2022-

Use the following page to scan the upcoming year. Jot down what you know is occurring in a particular season and what you would like your focus to be for that season (personally and professionally).

Keep it high level and include the larger scale projects. You don't need to go down to the task level. For example, you might mention: work projects, upcoming trips, social engagements, family events, and personal initiatives.

The purpose of this one-page snapshot is to give you a glimpse of the year at a high level. You'll find that when you doing your more detailed planning (e.g., 90 days at a time), having this broader view of the year will help you to be more proactive and realistic.

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Winter	Spring
Personal	Personal
•	•
•	•
•	•
Professional	Professional
•	•
•	•
	•
Summer	Fall/Early Winter
Personal	Personal
•	•
•	
•	
•	•
•	•
Professional	Professional
•	•
•	•
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