

How the Seasons Might Look

—2019—

Use the following page to scan the upcoming year. Jot down what you know is occurring in a particular season and what you would like your focus to be for that season (personally and professionally).

Keep it high level and include the larger scale projects. You don't need to go down to the task level. For example, you might mention: work projects, upcoming trips, social engagements, family events, and personal initiatives.

The purpose of this one-page snapshot is to give you a glimpse of the year, at a high level. You'll find that when you do go to plan at a more detailed level (90 days at a time), this broader view of the year will help you to be more proactive and realistic.

How the Seasons Might Look

—2019—

<p>Winter</p> <p>> My 2019 theme:</p> <p>Personal</p> <ul style="list-style-type: none">•••••• <p>Professional</p> <ul style="list-style-type: none">••••••	<p>Spring</p> <p>Personal</p> <ul style="list-style-type: none">•••••• <p>Professional</p> <ul style="list-style-type: none">••••••
<p>Summer</p> <p>Personal</p> <ul style="list-style-type: none">•••••• <p>Professional</p> <ul style="list-style-type: none">••••••	<p>Fall/Early Winter</p> <p>Personal</p> <ul style="list-style-type: none">•••••• <p>Professional</p> <ul style="list-style-type: none">••••••