

Reflection Questions

1. Right now in your life, how happy, content, or fulfilled are you on a scale of 1-100?
2. What is the most important thing you've learned in the past few years?
3. What are some of your favorite things to do?
4. What songs make you blast the volume when you hear them and make you feel totally alive, happy, and powerful?
5. What is significant to share with me about your professional background/history?
6. What is significant to share with me about your personal background/history?

