

Now What?® Coaching Group – Part 1 **Get ready to uncover your *right* direction.**

Today there are more people uncertain of their next career move than almost any time in history. And maybe you've learned the hard way how frustrating it is trying to figure it out on your own. No one teaches you how to examine *who you are* at a deep enough level that goes beyond your resume.

The Now What? Program solves that. It uses a proven methodology to get you the clarity you need to move forward. Pairing the program with expert coaching gives you the structure and support necessary to get you unstuck and onto your right path.

This program is for you, if you are:

- Wrestling with the economy's impact on your career
- Frustrated by a job search that has stalled
- Contemplating retirement or other significant life change
- Re-entering the work world
- Thirsty for a stronger sense of purpose.

We invite you to join our coaching group to get clear, and get moving in the right direction.

What You'll Learn

This six-session program meets by phone and here's what we'll cover:

Session 1 – Name what you hate to clarify what you want.

Session 2 – Distinguish *who you are* from *what you do* and come to terms with change.

Session 3 – Identify and break through self-imposed limits.

Session 4 – Decipher clues from your past to shed light on your future.

Session 5 – Discover your unique purpose and be able to articulate your impact.

Session 6 – Explore career options that express your purpose, maximize your potential, and increase your fulfillment.



Begins February 21, 2013!
Register [here](#).

Format

- **Jill Berquist and Ginny Kravitz co-lead this coaching group via teleseminar** so that you can join in from the convenience of your home or office. Audio recordings of each session are provided.
- Program sessions take place on Thursday evenings: **February 21, 28, March 7, 14, 21, and April 4.**
- **Sessions are 7:30-8:45 p.m. Eastern**, which allows time for content, coaching, and questions.
- Our coaching group is based on the groundbreaking program ***Now What? 90 Days To A New Life Direction*** created by best-selling author, Laura Berman Fortgang.

What You Get

The Now What? Coaching Group — Part 1 includes:

- Six 75-minute group coaching sessions
- Course Materials: Now What? book and workbook
- Downloadable audio recording of each session
- The option to purchase up to two supplemental private coaching sessions at a reduced VIP rate
- **After the program:** The ability to apply your insights from Part 1, explore your options, and build a practical plan to move in your chosen direction. You can do this independently or in Now What? Part 2 (private or group coaching available).

Registration

- **We're making it easy for you to attend!** The registration fee is just \$275 or two payments of \$150.
- **Registration deadline is Friday, February 8.**

Early Bird Bonus: Register by January 25 and receive a private coaching session to use during the program (over \$200 value).

- **Register here:** <http://www.inthecurrent.com/products.html>

What Clients Say



"The most meaningful discovery? Defining my purpose, of course! It really was validation that I was on the right path. I now have the tools to clarify the intricacies of applying my purpose to my life, rather than guessing about a general direction. It has provided me with the confidence and ability to consciously choose and take appropriate risk."

— *Catina Culshaw*
Business Intelligence
Reading, PA



"I want to thank you again for getting me to think about work-related things I probably had never considered before. I am not sure if I would have taken the bite, or even had the confidence or comfort level to jump in to a new field if I hadn't worked those things out."

— *Phil Levere*
Director, Dining Services
The Samarkand
Santa Barbara, CA

"I am totally clear in my mind by defining my purpose. It touches every area of my life."

— *Account Executive*
Pittsburgh, PA

About Your Coaches

Seven years ago when they went through the Now What® coach training, Jill and Ginny confirmed their unique purposes. The essence of Ginny's is to live and express joy; Jill's is to access and listen to inner wisdom. This work is *in their zone*, and coaching from their core, Jill and Ginny will bring deep expertise, heart, fun, and inspiration to this powerful group coaching process. Be ready to move forward.



Jill Berquist, PCC
More about Jill [here](#)



Virginia Kravitz, PCC
More about Ginny [here](#)

Is this the year you finally get the answers you need?

Get ready to uncover your *right* direction.

Register today:

<http://www.inthecurrent.com/products.html>

What Clients Say



"After leaving the workforce to raise my two sons, I wanted to chart a new course for my life, but also found myself in a new city where I lacked confidence, credibility, and the right direction.

The Now What program provided the structure I needed to become crystal clear on what I wanted my life and career to look like. At times the process took serious soul-searching and struck many nerves, but in the end was able to successfully help me tear away the "junk" that was holding me back from finding fulfillment in all aspects of my life. Three months later I am living the life I had envisioned. I have a new zest for life -- the life I was meant to live."

— *Meghan Flood,*
Media Consultant
Glastonbury, CT



"Coming up with my purpose and knowing what I am looking for has given me a direction that will help, and has already helped, in making the right decisions for my future. I will not be able to ignore what I now know."

— *Caroline Cassigneul*
Bilingual Project Manager
Philadelphia, PA