

## –Now What?® Coaching Programs with Virginia Kravitz–



Are you considering a change  
in your career?

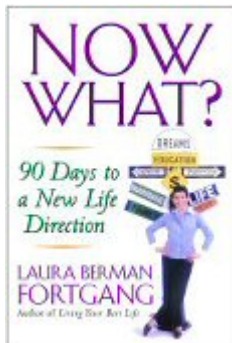
Is it time to move in a new direction?

Perhaps you are: wrestling with the impact the economy has had on your industry; frustrated by a job search that has stalled; or facing a certain career decision, promotion, or job offer.

Maybe you've had a successful career and are making good money but are bored, burnt-out, and no longer passionate about what you do. You find yourself wondering about certain fields and are thirsty for a stronger sense of purpose.

You might be: contemplating retirement, re-entering the work world, or experiencing a significant life change.

Where do you begin to sort through your concerns, ideas, and dreams?



Based on the popular book by Laura Berman Fortgang called *Now What? 90 Days to a New Life Direction*, this coaching program uses a unique methodology that combines a concrete and practical approach with a proven method for tapping your own intuitive knowledge. The result is a crystal clear understanding of who you are, what will make you happy and fulfilled, and a specific action plan to get there.

What you will learn:

Part 1: Naming What "It" Is

- Uncover what may be blocking your clarity
- Come to terms with change
- Identify and break through self-imposed limits
- Decipher clues from your past to shed light on your future
- Distinguish between What you do and Who you are
- Define your criteria for happiness and satisfaction
- Discover your unique purpose and Life Blueprint®

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### Part 2: Getting There

- Address the money issue and face any obstacles head on
- Learn how to overcome the “logical reasons” why you can’t make a change
- Invent possible scenarios and paths to manifesting your “It”
- Create your support system
- Put yourself in opportunity’s way
- Set a course for the new direction you have defined
- Create your own action plan to move forward

You might be wondering whether making a change is even possible after working 10, 15, or 25+ years doing something else. **The answer is yes, it is possible, when you allow yourself to be creative.**

Perhaps you have an armful of good information from the interest inventories, personality profiles, and skill assessments you’ve taken over the years, but aren’t sure how it all adds up. **The Now What?® process will validate what you already know to be true about yourself, bring out new discoveries, and solidify them in a tangible way.**

Some people will tell you that you’re crazy for wanting more and that you should just be grateful for what you have. **While gratitude is a powerful thing, it’s also true that if you feel drawn to explore something different, honoring that call is the first imperative.**

If you aren’t sure of your next move, you don’t need to figure it all out on your own.

### ***The next Now What?® Coaching Group begins March 15, 2010:***

- Group meets via telephone conference for 12 weeks, beginning **Monday, March 15, from 7:30-8:45 PM Eastern/4:30-5:45 PM Pacific**. The final start time for calls will be confirmed once the group participants’ time zone locations are known.
- Coaching Highlights Weekly Email is provided as well as individual email support;
- Approximately 3-5 hours of independent assignments between group sessions;
- After [registering](#), you will receive the book, *Now What? 90 Days to a New Life Direction* by Laura Berman Fortgang, as well as an accompanying workbook to use as you complete the program. Workbook is available in two versions: hard copy or online – your choice.
- Access to MP3 audio recordings of calls;
- **Special Bonus!** A private coaching session with me which you can use any time during the group program’s duration. Included at no additional cost (\$125 value).
- Three payments of **\$230/month** or save and make one payment of **\$635**. Save more with the Early Bird Discounts below.

***(See next page for Early Bird Discounts)***

[www.inthecurrent.com](http://www.inthecurrent.com)

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### **Early Bird Discounts!**

\*\*\* [Register](#) by February 15 and receive your materials free – a \$45 credit. Your total program cost will be three monthly payments of \$215 or one payment of \$590.

\*\*\* Receive another \$25 credit for each friend you bring to the group who registers by February 22. Your total program cost will be reduced by this credit.

A \$50 deposit holds your place. Register [here](#).

Get a taste of the program by participating in the three Free [Now What Preview Calls](#) occurring this February.

Whether you select private coaching or a group environment, powerful results are possible. Of course the ultimate outcome will be up to you and what you put into your program by way of thought, attitude, and action.

In addition to being an Authorized Now What?® Program Facilitator, I was recently named an Ambassador of the program, a special distinction which recognizes my experience and expertise in using this methodology.

What I've noticed with my clients who follow the Now What?® process is that their level of work and life satisfaction often increases even before their desired changes fully materialize. That's because of the peace of mind and confidence that come with identifying *who you are, what you want, and what is yours to do next.*

**What is it now time for in *your* life?**

Let me guide you to discover *your* NOW WHAT.

To reserve your spot in the March 2010 Now What?® Coaching Group register [here](#).



Now What?® is a registered trademark of Laura Berman Fortgang.

Ginny Kravitz is an Authorized Now What?® Program Facilitator and a recognized Ambassador of the program.



Virginia Kravitz, Career and Life Coach, has always been fascinated by how people make meaningful change and create lives that delight them. Ginny founded In the Current® to serve accomplished professionals who want to move boldly in new directions and start living with a greater sense of joy and abandon. Her specialties include: transforming *career restlessness* into a discovery of your true purpose and passion, *managing overwhelm* by using this feeling as a signal to make more effective choices, and *owning your time* instead of just managing it.

Known for her energy and exuberance, Ginny brings lightness and fun to the work while inspiring others to believe in themselves and take bolder action. Ginny is a recognized facilitator of the Now What® career and life direction program and a co-author of the 28 Day Guide: *OASIS in the Overwhelm - Rewire Your Brain from Chaos to Calm*. Her e-zine, published every other Tuesday, is entitled *Current of Life*. Visit at: [www.inthecurrent.com](http://www.inthecurrent.com)